



125 YEARS
City Tattersalls Club



Dear Members,

I hope this weekly EDM finds you well and safe.

By now you would be aware of the State Government's decision to allow Registered Clubs to open cafes and restaurants as part of the Stage 1 Roadmap to a "New Normal", which comes into effect from today.

Whilst the opportunity to open dining in Pubs and Clubs comes with a major restriction of just 10 people at any given time in the venue and a whole lot of other social distancing measures, payments methods and conscious hygiene. We have made the decision to set up a café in our foyer that will allow members and guests to pop in for a coffee and a snack from a limited menu.

All with the view that whilst this little pop up café may not generate the revenue we need to make up for the devastating impact COVID-19 has had on our Club, it will give us the opportunity to open our doors, turn on the lights and reconnect with the many members who I know are missing their wonderful City Tatts.

When I became the CEO of this great Club, some three plus years ago, I remember inviting all members for a coffee so we could connect and discuss any matters relating to their Club.

Today, it gives me great pleasure to extend that very same invitation again. So, if you are around the City today or next week, pop in for a chat, pick up a coffee and a muffin or even some take away vino for the family gathering on the weekend, knowing that every dollar you spend will be part of the rebuilding process we start today.

Have a wonderful weekend and see you later this morning if you can pop in!

Marcelo A. Veloz

CEO



The Club Is Serving Coffee!

The first stage of the Club reopening has begun. From today you can drop by the Club, have a coffee, a sweet, or a meal, and most importantly a Chat with our Staff and other Club members in our new Club Cafe on the ground floor foyer.

The City Tatts Cafe will be serving drinks and food from 7am till 2pm Monday to Saturday, with a maximum seating capacity of 10 people.

Come on down, we would love to see you!



Sweet Corn Soup, A Winter Warmer

A quick meal for those cold winter nights when you need to get something on the

table in 15 minutes.

Kevin shows you how to make his quick go to meal, which the whole family will enjoy. Serve in a Bread Bowl, to add something of the 80's to the meal.



Sweet Corn Soup



Fitness "HIIT Sprint" With ZAC

You can work up a sweat with Zac, as he runs through his HIIT Sprints.

Can you keep up with him?



[Sprint HIIT With Zac](#)



Circuit Training With Dani

Dani gets you moving with her Circuit Workout. See if you can keep up with Dani as she takes you through her circuit training.

CITY TATTERSALLS WORKOUT CLASS WITH DANI CIRCUIT



Valeria's HIIT Workout



Happy Hour Drinks

It's Happy Hour tonight! Mix it up with a classic Amaretto Sour, instead of your usual wine or beer.

"Amaretto" means slightly sour in Italian, many believe that Amaretto Sour was invented in the 1970's as slightly bitter Italian spirits became popular in America. The GodFather, GodMother and the Godchild are all variations of the the same drink using Amaretto.

Enjoy with your loved one, or your five visitors. Cheers!

HAPPY HOUR
COCKTAIL

 125 YEARS
City Kitteridge Club



**AMARETTO
SOUR**

INGREDIENTS
60ml amaretto
60ml lemon juice
Maraschino cherries in syrup

METHOD
Place one maraschino cherry at bottom of the glass and fill with crushed ice.
Pour in amaretto, lemon juice and 2 tsp of the cherry syrup into a cocktail shaker and shake it hard.
Pour into the glass, top up with more crushed ice and garnish with a lime ring. Enjoy!

Please drink responsibly

Amaretto Sour



**Free Seminar Featuring Robert Kiyoski
Author "Rich Dad Poor Dad"**



Leading economist Harry Dent and investment experts Robert Kiyosaki and Martin North Hold Emergency 1-Day LIVE Online Conference to Reveal:

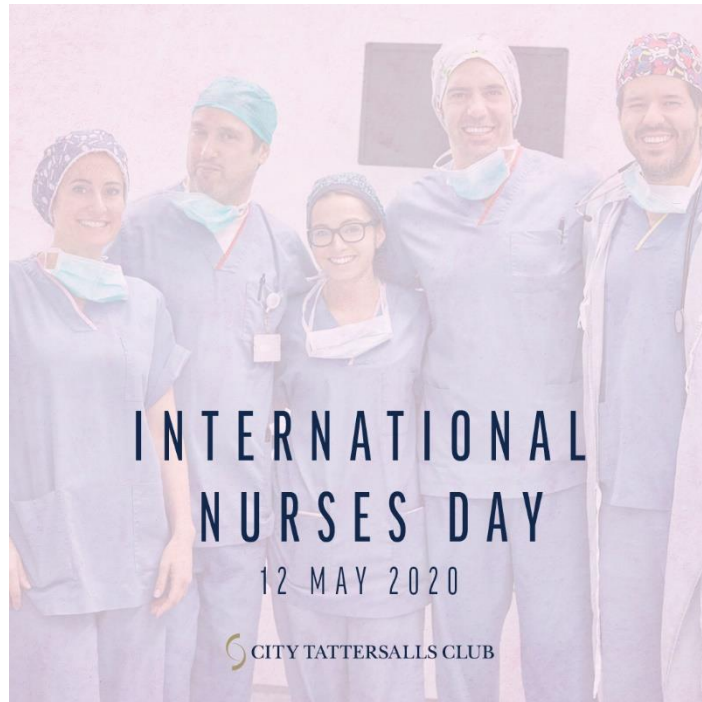
"The Once-in-a-Lifetime Opportunity to Make Generational Wealth From the Crash and Secure Your Future Within the Next 18 Months"

Complimentary online seminar offered to City Tattersalls Club Members to held on Sunday 24th of May. For more details click on the button below:

[Secure The Future Live Stream](#)



International Nurses Day



The 12th of May was International Nurses Day, which also marked the day that Florence Nightingale was born. We applaud over 390,000 of our amazing Australian nurses - for their ongoing commitment to deliver exceptional health care during these uncertain times and for keeping our nation safe.



City Tattersalls Club, 125 Years In The Making

The installation of the women's swimming pool was achieved by an unusual construction feat in 1978. The 11m long fibreglass pool, weighing three tonnes, was made in one piece then hoisted from Pitt Street through a gap in the third floor of the building.



Our Living History

Keep healthy, stay safe and support each other.

Your friends at City Tatts

COVID-19 PREVENTION



Follow City Tatts On Our Social Media Pages

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https://www.instagram.com/womensfitness_citytatts/

<https://www.youtube.com/user/CityTatts/videos>

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